Therapist & Patient Interactions
QUICK REFERENCE GUIDE

As you prepare for any engagement with the family or caregivers of a patient, it may help to think through the engagement. The following guide is an example of a discussion framework that aligns with sharing information about a child’s scoring in the OnTrack Development Monitoring System.

Set the Tone:

- Greet the family ~ “Thank you for coming in to discuss your child’s results from the OnTrack monitoring system…”
- Establish what will be covered ~ “I have two types of information to share your child’s progress; which style works best for you – graphs and data or summary”
- State the goal of the discussion for today, aligning to previous visits ~ “do you remember when we did the gross motor function classification system and categorized your child’s skills?”

Manage Expectations:

- Explain the parameters of the grid ~ “we will look at your child in their level, as compared to other children in this same level”
- Share the information and provide analogies that help ~ “this particular format may be familiar from the charts you see at the pediatrician’s office”

Alleviate Concerns:

- Check in for additional concerns ~ “That is all that I have to share, do you have any concerns that we have not discussed?”
- Share information about other resources ~ “we have programs here, such as our biking group, that may be of interest; would your child like to participate?”

What other questions or concerns do YOU, as a therapist, have about the interaction you will have with a family/caregiver?

Now is the time to ask...