

A road map for family partners to get started and partner in research



1. Reflect on why research is important to you.

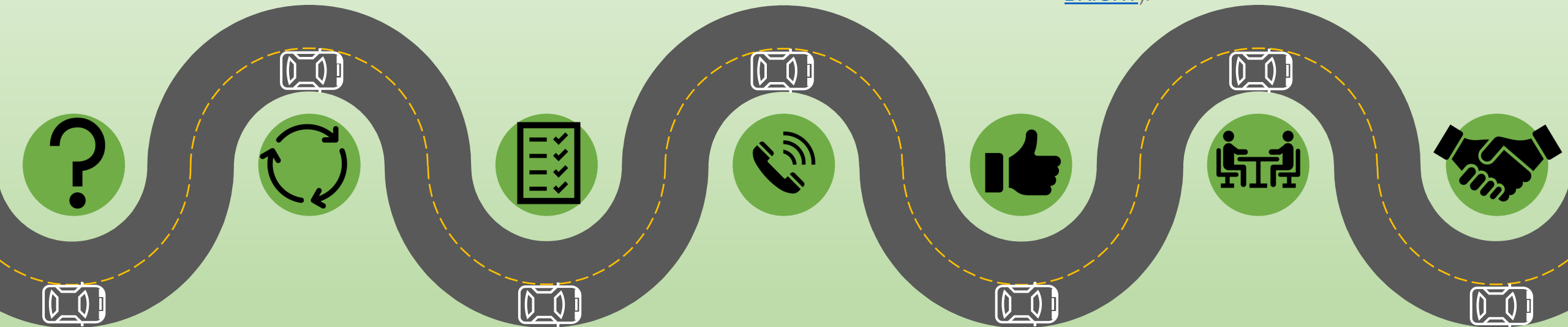
- Why does it matter to you to get involved with research? How do you want to make an impact through research? Think about what YOU bring to a research team.

2. Think about the phase(s) of research you'd want to be involved in.

- How much time do you have to allocate to research? (e.g., do you need help with childcare?) What do you think would be most interesting for you? To learn more about partnering in research, visit CanChild's [website](#).

3. Identify existing relationships you have with research institutions, and/or hospitals.

- Look at websites and social media accounts for these hospitals and research institutions. Talk to your child's healthcare provider(s) and other families you know who have been involved in research. Additional websites also exist for patient-research collaborations (e.g., [CanChild](#), [Kids Brain Health Network](#), [CHILD-BRIGHT](#)).



4. Reach out to appropriate institutions to signify your interest.

- Based on step 3, contact the appropriate people. For example, you can reach out through social media or the appropriate hospital/research advisory groups. You can also reach out directly to the researchers.

5. Let the researchers know about YOUR skills and interests.

- E.g., You have a child with X, you have X hours per week to dedicate, you think you are most interested in helping with X.

6. Discuss your role on the research team.

- Does your organization or institution have a compensation policy? If so, how does it work? Talk about your role and what is expected of you.

This infographic was created by Amanda Carrington & Vanessa Tomas as a requirement for the Family Engagement in Research Certificate through McMaster University.